

CHURCH OFFICERS	2
MOTHERS' UNION – WROXHAM BENEFICE BRANCH	3
COFFEE MORNING	3
ST JOHN'S CHURCH COFFEE MORNING	3
NEATISHEAD BAPTIST CHURCH.....	3
UNITED REFORMED CHURCH.....	4
ST HELEN'S CATHOLIC CHURCH	5
BROADGRACE CHURCH.....	5
LIBRARY & SCHOOL NEWS	5
CLUB NEWS	6
HOVETON & DISTRICT CONSERVATIVE COFFEE CLUB	7
WROXHAM FOOTBALL CLUB.....	7
HOVETON, WROXHAM & DISTRICT GARDENING CLUB	8
GARDENING TIPS FOR APRIL	8
WROXHAM AND HOVETON LIONS CLUB	9
THE PROBUS CLUB OF BROADLANDS	9
BROADLANDS ROTARY CLUB	11
WROXHAM BURE VALLEY ROTARY CLUB.....	12
WHB TWINNING ASSOCIATION	13
WROXHAM SOCIAL CLUB	13
BARTON HOUSE RAILWAY	14
WROXHAM WI	15
HOVETON & DISTRICT WI	16
SOLO CLUB	17
1 ST WROXHAM GUIDES	17
ASHMANHAUGH & BARTON WANDERERS CRICKET CLUB	18
FITNESS FOR ALL!	18
BROADLAND CHESS CLUB	19
COUNCIL NEWS.....	20
NORTH NORFOLK DISTRICT COUNCIL	20
HOVETON PARISH COUNCIL	21
WROXHAM PARISH COUNCIL NEWS.....	23
ARTICLES & PRESS RELEASES	25
WATCHING MY WEIGHT SINCE IWAS EIGHT	26
HOVETON VILLAGE HALL.....	28
THE PRESTON ROOMS – THE VILLAGE HALL.....	29
WESTOVER VETERINARY CENTRE	32
NOTICES	33
FORTHCOMING EVENTS.....	34
UPTON FAMILY WALK	35
THE WEEKEND BY MICHAEL PALIN	35

CHURCH OFFICERS
in Wroxham Hoveton Belaugh & Neatishead

Church of England

RectorThe Revd Elizabeth Jump

The Vicarage 11 Church Lane Wroxham NR12 8SH

Tel: 01603 784150 whbrector@btinternet.com

Churchwardens

Wroxham St. Mary

Vacant

Hoveton St John

Mr David Barnett Tel: 782002d.barnett23@btinternet.com

Hoveton St Peter

Mrs Sandy Lines Tel: 782282sandylines36@gmail.com

Belaugh

Vacant

United Reformed Church

Minister

Rev Bruno Boldrini 94 Welsford Road NR4 6QH Tel: 01603 458873

Secretary

Mrs Lynne Howard Tel: 01603 738835lmhoward100@btinternet.com

Contact for JAM (Sunday School)

Mr Chris Billing Tel: 783992chrisb@ukbis.com

Roman Catholic Church

Parish Priest Fr. James Walsh

The Presbytery 4 Norwich Road North Walsham NR28 9JP

Tel: 01692 403258 www.sacredheartnorthwalsham.com

Sacristan

Tryddyn Horning Road West Hoveton NR12 8QJ Tel: 782758

Baptist Church

Neatishead Baptist Church, Norfolk, NR12 8YF www.neatisheadbaptist.org.uk

Pastor pastor@neatisheadbaptist.org.uk

Secretary secretary@neatisheadbaptist.org.uk

In Association with Broadgrace Church

Minister John Hindley Tel: 737974 enquiries@broadgrace.org.uk

MOTHERS' UNION – WROXHAM BENEFICE BRANCH

We were delighted that one of the Mothers' Union Trustees, and our Broadland Area leader, Val Ovenden, was able to give us a talk about the work of the Mothers' Union, locally, nationally and worldwide. With a mission-statement 'Reaching Out As Your Hands', Val told us how we were able to help people to have a holiday with 'Away From It All', to supply bedding for some of the Syrian refugees and to help the children to integrate and join local schools. They run a 'Loving for Life' programme for couples preparing for marriage and at Christmas the 'Angel Tree' project ensures that prisoners' children receive a present. Among their major projects is running a parenting programme in 20 overseas countries and a literacy programme in Africa. All this coming from the life of Mary Sumner, who was inspired in 1876 to champion the importance of parenthood, faith in God and mutual support.

In May, we are pleased that our Branch Leader, Suzanne Barnett, will be talking to us. Please remember to bring something for the bring-and-buy stall.

Everyone (not just Members) is welcome to join us at St. Helen's Church. Please contact Suzanne Barnett, Branch Leader (782002) or Val Ovenden (782466) for more details or to arrange a lift.

COFFEE MORNING

in Wroxham Church Hall on 22nd May from 10.00am. Bring & Buy Stall and Raffle. Admission £2.00. Everyone welcome.

ST JOHN'S CHURCH COFFEE MORNING

The May Coffee Morning for Hoveton St John Church will be held in the Church on Wednesday 10th May from 10.30am. There will be the usual Raffle and Bring and Buy Stall.

We now have a very good selection of jigsaws and books at a bargain price plus much more. Do come and join us for a relaxing drink and tasty eats and a chat with friends. The hosts this month are Mrs Suzanne Barnett and Mrs Barbara Chew. A warm welcome awaits you.

NEATISHEAD BAPTIST CHURCH

We are delighted to announce the appointment of Ian Bloomfield as our part-time Lay Pastor, starting on 1st May. Ian has been a Member of our church for three years and for the last two years has been studying part-time at Spurgeon's Theological College in London. He was commissioned during a communion service on the 2nd April by the Reverend Richard Lewis, Regional Minister.

Sue Gibbons, Church Secretary

UNITED REFORMED CHURCH

Minister Rev Bruno Boldrini 94 Welsford Road NR4 6QH
Tel:01603 458873 br1.boldrini@gmail.com
Secretary Lynne Howard 01603 738835 lmhoward100@btinternet.com

Services in MayApril (all at the Hub unless stated otherwise)

Sun 7th , 11am Communion Service led by Canon Peter Howard

Sun 14th, 10.30am Joint Service at Trinity URC, Norwich

Sun 21st, 11am Family Service led by Rev Ian Foston

Sun 28th 11am Service led by Rev Bruno Boldrini

Coffee is served after each service. Please do join us!

Our weekly **Community Café on a Thursday 10.30-12.00**, is a great opportunity to meet up with friends over a coffee and slice of homemade cake. It's free – all we ask for is a small donation towards the costs. All are welcome! Any surplus money is given to charity and so far we have been able to support several local and national charities with our donations

JAM (our Sunday Kids Club) is always open to new children for fun, cooking, games, crafts and Bible stories. Please contact Chris Billing at chris.billing@ukbis.com or phone 01603 783992 for more details.

This month JAM meets on Sundays May 7th and 28th from 10.45 to 12.15 in the Church Hall. On Sunday 21st the children will be with the adults for a family service

ST HELEN'S CATHOLIC CHURCH St Helen's Coffee Drop-In: The next 'drop-in' is in St Helen's Narthex on November 9th at 10.30 for coffee or tea and a cake: the proceeds go to small local charities. A warm welcome assured for patrons old and new.

Fourth Wednesday Club: meets again on Wednesday November 23rd. This popular social club is open to all 'Senior Citizens' over 60 from 11.30 - 16.30; it starts with coffee, and continues with a simple hot lunch around 12.30. It's a popular and friendly gathering fulfilling a local need. The 'sub' of £2.50 includes the coffee, lunch, homespun entertainment and a raffle. There are also plants and previously-owned books for sale and the money raised is distributed to local charities.

Rooms available: St Helen's has rooms available for small bona fide meetings and gatherings of up to 30 people; several organisations meet here on a regular basis. Facilities for preparing light meals and hot drinks are available (you bring your own refreshments). Centrally situated with excellent car parking. Please call 01603 782758 for further details.

BROADGRACE CHURCH

Minister: John Hindley

Telephone: 01603 737974

Email: enquiries@broadgrace.org.uk

Website: www.broadgrace.org.uk

Services: We meet each Sunday at 4pm in The River Rooms in Coltishall, the old Salvation Army Hall opposite the garage in the centre of the village. Come along and you and your family will find a warm welcome, a friendly bunch of people and the chance to think about the spiritual, significant issues of life. See www.broadgrace.org.uk for more details or, give John a call on 01603 737974.

LIBRARY & SCHOOL NEWS

WROXHAM LIBRARY

Tel: 01603 782560 or **email:** wroxham.library@norfolk.gov.uk

Website: www.library.norfolk.gov.uk

Facebook: www.facebook.com/NorfolkLibrariesUK for all latest news and events

Follow us on **twitter** <http://twitter.com/WroLibrary>

Drop-in, 10-5 Monday - Saturday and late opening till 8pm on Fridays

Email us at wroxham.library@norfolk.gov.uk <<mailto:wroxham.library@norfolk.gov.uk>>

Social Activities and events at the Library

Bounce and Rhyme Time is every Wednesday, at a new time of 10.30 - 11.00am. During school holidays please contact the library or check our Facebook page to confirm the event is running. Songs and rhymes for babies, toddlers, parents and carers. FREE

Get Crafty

Saturday 6th, 13th May, 10.30 - 12pm.

Come along and try your hand at simple but creative craft activities using paper and fabric in a friendly and informal group. Dementia friendly. £3 per session to cover cost of materials. Booking is advised - pop in or call the library on 01603 782560.

Colour me Calm

Every Tuesday, 2-4pm.

Not just for children, Colouring is now recognised as a relaxing and enjoyable way to promote Wellbeing. Come along to Wroxham Library to join our new Colouring Circle! This activity is Dementia friendly - Carers welcome. Templates and colouring materials provided, though feel free to bring your own.

Wroxham Parish Council Surgery

If you are a Wroxham parishioner and have an issue or a parish query, pop along to the library to speak to Councillors from Wroxham Parish Council on Saturday 6th May 10 -11.30am. This is a drop in surgery and so no appointment is necessary.

Employment and Training Advice for Adults with Learning Disabilities.

Tuesday 30th May. There will be an advisor from 'Match', the employment support service for people with learning disabilities, in the Library from 11-12pm. No appointment necessary, just drop in.

Family History. Use our free access to Find My Past and get advice from Diane, our family and local history expert by booking a half hour session on Fridays from 6-7.30pm.

Knit and Natter - come along to our informal gathering. Thursday 4th and 18th May 2.00-4.00pm, please bring your own project.

Crib Club (Cribbage card game) - new players welcome -Thursday 11th May 2.00-4:30pm. Please bring your own board and cards if you have them.

Scrabble Club meets on the last Thursday of each month from 2.00-4.30pm. (25th May) All welcome

Bookgroup

Why not join the Wroxham Bookgroup? A great opportunity to try reading something new and to meet new people! The group meets at 2pm on the third Wednesday of every month.

CLUB NEWS

HOVETON & DISTRICT CONSERVATIVE COFFEE CLUB

Our next meeting at The Wroxham Hotel will be on Thursday 25th May. at 10.30 a.m.
Our Speaker Mr. Robert Steven's subject being ' Trespassers cannot be prosecuted ' .
Contact Tel.No. 01603 783490

WROXHAM FOOTBALL CLUB

One thing for sure is that the Wroxham 1st team will finish in the bottom two. At the time of writing these notes it is not clear if this means we are propping up the table and certain relegation, or 2nd bottom and awaiting confirmation from The FA's annual re-organisation of the football pyramid as to whether we receive another reprieve! The latter is not decided until mid-May. Some in the club feel it would be better to go down and regroup anyway. But that may mean a backward step and no certainty of climbing back. Either way, the club is at a crossroads and we need more volunteer support and sponsors to ensure survival in any form.

The reserve team has born the brunt of 1st team failures and after high hopes of finishing in the top three in the Anglian Combination they have fallen down the table due to defeats by Mulbarton and Reepham. Between those games we had to call off the game with Mattishal as we were unable to raise a team. As a result we were deducted a point and received a fine. With two games to play against Stalham & Waveney, we hope they can get back to winning ways and finish in the top half which would still be a commendable result.

The U18's lost to Leiston in the League Cup but back to back wins against Gorleston means they will finish 2nd in their league behind Kirkley. Also our development team comprising mostly U16 players lost narrowly to Dereham in the same League Cup but did very well to beat Aylsham and overall have finished the season much stronger than when they started, which is what they are there to do and be able to replace the older age group U18's next season.

Behind the scenes fund-raising continues and our thanks to Cynthia Feltham for co-ordinating the Easter egg draw which was a great success. Our thanks to Chris Hall of Iconic Estate Agents for sponsoring the tickets. Next up is the Sportsmans Evening with Micky Quinn (the ex-Premier Division football player, race horse trainer & Talk Sport presenter) on Sat May 20. Tickets are still available for this and we welcome anyone with a passion for sport to come along to hear his tales! Full details elsewhere in todays magazine. After that we are organising our Junior 5 aside on the weekend of 24/25th June which is now proving very popular.

Then we have the club AGM on June 29th at the Clubhouse when officers and Committee are voted in for the following season. As mentioned above, we really do need more volunteers to come forward to help with the myriad of tasks in running the club. Please contact our club secretary Chris Green on 783936 if you can help in any way whatsoever. WE NEED YOUR HELP! Full club details available via the club website www.wroxhamfc.com or via Twitter @the_yachtsmen

HOVETON, WROXHAM & DISTRICT GARDENING CLUB

The Spring Show held at Hoveton Village Hall on Saturday April 8th was disappointing, only 9 members exhibited, most of the classes were down on last year and only 2 exhibits in some classes to be judged. Hopefully the Autumn Show will be better attended.

Congratulations to cup winners, Mr. Mike, Clements, Mrs Pam Culley, Mrs Jean Hanson and Mrs Mollie Ottaway.

At the next meeting on 5th May 7.30p.m. Hoveton Village Hall. we look forward to Mr Ian Roofe, a very popular and interesting speaker, who is giving a practical demonstration on Basket and Container Planting. One not to be missed. Visitors always welcome £2.00 . Raffle Refreshments. More details Pam 01603782041

Still a few seats available for the trip to Anglesey Abbey on July 6th. £18.00 inclusive. If National Trust member only 11.00 Non- members very welcome. Pam on 01603782041 for more details and for tickets.

GARDENING TIPS FOR APRIL

We've had a spell of warm weather recently, at the time of writing in mid-March, and spring has started early with daffs up, out and some already over.

In your borders, keep on top of weeds, as seedlings grow quickly in the spring sunshine.

Lightly feed roses, climbers and shrubs. Fork in gently.

Prune roses if you haven't done so. Cut out weak growth, diseased and dead stems and prune healthy stems to an outward facing bud.

Tie in shoots of climbing and rambling roses.

Prune hydrangea and winter jasmine.

Sow fresh salad crops like lettuce, radish, spring onion and salad leaves in small rows, or in containers, in the smaller, compact garden.

Plant out first and second early potatoes in rows, two feet apart, or grow them in tubs, if you prefer.

Plant your onions and shallots in rows. If you have problems with blackbirds pulling them out, pre plant in cell trays and once they have rooted, plant out in the veg patch.

It's also time to sow early peas, beetroot, carrots, spinach and hardy herbs like parsley, coriander and dill.

Sow bedding plants now in the greenhouse or, if you prefer, buy plug plants or small plants and grow them on.

If you have any other seedlings, prick them out into trays or small pots to grow on.

Lawns haven't really stopped growing, but you should now be trimming regularly. Feed with spring fertilizer containing iron which will treat any moss. Next, rake out moss to encourage strong grass growth.

Start feeding pond fish if you aren't already doing so.

Make sure pond netting is secure to keep herons out.

April is a busy month, so if the weather is good, get those jobs done.

If you do have some spare time, visit any open gardens for ideas, as well as enjoyment.

Michael Ottaway, Chairman

WROXHAM AND HOVETON LIONS CLUB

Here's hoping you all enjoyed a good Easter, especially with the good weather we've been having during the last few weeks.

Our first **Garage Sale** of the year is taking place in **Wroxham on Sunday May 21st**

All residents of Wroxham should have received booking forms with last months 'Bridge' magazine - if not just give Lion Brian Russell a ring on 01603 781608. Maps showing the locations of properties taking part will be available on the day, for a £1. donation, from our Lions Van, which will be parked in the Masonic Hall car park on Norwich Road, Wroxham, from 8-30am.

Our next craft fair will be held on Sunday May 7th at the usual venue of the Broadland Youth and Community Centre on Stalham Road, Hoveton. Why not come along and see what a lovely variety of hand made crafts are available. Open from 10 am to 3pm, entrance is free and refreshments will also be available.

This months £100-00 draw goes to Redwings Horse Charity, nominated by D Daniels from Wroxham, who donated goods to our charity shop in Hoveton. We are always looking for good quality Bric a Brac to sell in our shop, which in turn gives us monies to support people less fortunate than ourselves. Collection is available - just ring me 01603 784093.

If any body has a few hours to spare each week, we are always looking for volunteers to work in the shop. Just call in and talk to one of the staff or ring me 01603 784093. You would be helping a worthwhile cause.

If there is anybody who is interested in seeing see what we do and perhaps join us as a Lion, just come along to one of our meetings, which are held every 2nd and 4th Tuesday of each month at the Broadland Youth and Community Centre, Stalham Rd, Hoveton, commencing at 8pm. You would be joining a very worthwhile charity and I am certain you would enjoy it as much as we all do. Alternatively, just ring me on the above number and I will be happy to answer your questions.

Lion Terry Vout, President

THE PROBUS CLUB OF BROADLANDS

The Probus Club of Broadlands is a fellowship club for men who are retired or semi-retired. We meet on the last Wednesday of every month between 12.15 and 15.00 at The Norfolk

Mead Hotel, Coltishall for drinks, a delicious chef cooked lunch and a guest speaker presentation on a variety of local and general interest subjects.

At our last meeting on 29th March the members were informed of the sudden and sad passing away of our Vice President Barry Cawkwell, Barry was a gentle soft spoken and a true gentleman who involved himself in many activities both inside and outside of Probus. He will be sorely missed not only by his own family but also by all those who had the pleasure and honour of knowing him.

As always in life new follows old and time marches on new members Trevor Ready, the Reverend Barry Furness, John Bird, Chris Shallcross and Clive Lockyer have all recently joined Probus and all have been welcomed into our Club, five new members to strengthen and reinforce the fellowship of our Probus Club.

Following lunch our Guest Speaker, Cedric Smith was introduced and embarked on an interesting, amusing and enlightening talk on his friendship with Freddie Laker.

Freddie was born in Canterbury, Kent August 1922 and after being expelled from Grammar School and starting aviation work he became a member of the Air Transport Auxiliary (1941-46) during which time he learnt how to fly a Lancaster Bomber (thanks to a friendly and chatty pilot).

After a short spell working for British European Airways he went into business with £38000 borrowed and £4500 saved as a war surplus aircraft dealer, from these early beginnings Freddie developed and expanded until Laker Airways was formed in 1965, his third and most prominent airline venture became his step towards fame and fortune.

Well known through his successful and enterprising efforts - he was knighted in 1978 and popular with the public regarded as one of Margaret Thatcher's "golden boys of industry" (along with Clive Sinclair and Sir Alan Sugar (to name but a few).

Lesser known events some amusing and some sad were snippets were mentioned by Cedric such as the banks imposing a deadline on Freddie for a cash payment of 7 million pounds by 9pm the following morning, at five past nine Freddie produced the money only to be told he was too late and was then bankrupted.

His colourful life was interspersed with a genuine down to earth business mind and a friendly and concerned outlook on life and living.

A round of applause to Cedric for his off the cuff presentation and the sharing of his memories of Freddie (unfortunately too many to try and list without writing an essay/full article) -

The Probus Club of Broadlands is always keen to welcome new members, or to hear from those who would like to know more...next month's meeting will be our AGM to finalise next year's committee and officers presentation and speaker selection for 1917-18 .

We look forward to meeting and greeting you at one of our future meetings.

Contact Steve Robb on 01603 736597(President 2016/17)

Or Neil Searle-Jones on 01603 666159 (club secretary)

BROADLANDS ROTARY CLUB

Rotary Young Musicians of the Year Regional Final

This was held in Colchester on Sunday 19th March, following on from the East Anglian District Final at Gresham's School on Sunday 26th February where our candidate **George Corson** won the instrumental section. In the grand final he was awarded a commendation and has been invited to play at the Rotary District Conference.

Donations and Fund Raising

Our recent donations have included a gift to Norfolk's Cancer Charity. This was in support of a sponsored climb on Mount Kilimanjaro to raise an even greater sum. We have also made a donation to NANSAs who need a new fridge at their Train and Trade Café. Our tireless fundraiser, Pat Hinkins joined in a sleepover in St Mary's Church in Happisburgh in support of the Benjamin Foundation. Over £2,500 was raised

Purple for Polio

I hope you managed to see the crocuses, which were a timely reminder of our crusade to eliminate polio, especially as there has been a new outbreak in Nigeria.

Our Charter Night Dinner

On March 9th we celebrated the foundation of our club in 1973, 43 years ago.

Rotarians from other local clubs, friends and family members joined us to make it a memorable event.

Our Events in Early 2017

May 21st Upton Family Walk: 5.5 miles – mapped and marshaled, children's treasure trail, photography competition, car park, refreshments. Pre-register £6 adults (£7.50 on the day), children free: forms from uptonwalk@gmail.com, Tel: Tony 07493 071632

June 9th Outing for Children of The Hall School, Old Catton

June 15th Coach travel and entrance to Gooderstone Water Gardens and Hunstanton, £30 per head

If you would like to book a coach tour: contact Fred: 07803 193020 or 01603 898557. **If you would like to know more about our club / events** contact me: annchantryprice@gmail.com, Tel: 01603 270478 / 01296 660202

Ann Chantry-Price

Photos/ poster included as attachments:

- 1. Crocuses – Purple for Polio (1)*
- 2. John Grier from North Walsham Rotary Club speaking at our Charter Night (1)*
- 3. Left to right: George Corson, Nagi Tateno, Robert Lovick (Rotary District Governor (Elect)), Grace Cushing and Edward Bellett-Travers.*

WROXHAM BURE VALLEY ROTARY CLUB

Firstly a big thank you to all who attended the concert organised by Wroxham Bure Valley Rotary Club in Ludham Church performed by the Derbyshire Constabulary Male Voice Choir. The church was full and with a well supported raffle as well, over £1300 was raised on the night in aid of local charities. Most importantly, everyone enjoyed an excellent night of varied music, which as well as the choir featured a solo spot from our own Rotarian, Pippa Bennett.

Equally as successful was the School Technology tournament recently held at Broadland High School. Almost 50 youngsters were involved from three local schools, all attempting to solve a practical challenge that this year involved building and operating a pipe clearing machine. There were three different levels of difficulty for various age groups and as ever all the youngsters had a great day working in teams and creating their solutions. The winners of both the basic and intermediate levels were teams from Flegg High School, while Cromer won the advanced level competition.

Every year we give out Usborne dictionaries to pupils at the 5 primary feeder schools for Broadland High School in Hoveton: Coltishall, Tunstead, Hoveton St John's, Hickling and Salhouse, and this year is no exception. We expect to receive our order of the Dictionaries in May and will be arranging delivery once we have them. The Usborne dictionary is a great tool for these youngsters and is now part of the primary school curriculum, so once again Rotary is leading the way in helping people within our local community.

We are delighted to have just welcomed Debbie Macdonald as a new member into the club. We are always pleased to welcome more new members into the club - you can pop along and meet us any Monday evening if you fancy finding out a bit more about us and what we get up

to, but please contact our secretary Anne Kittle in advance on 07887523071 to check the meeting details and so we can ensure we have food for you. Visit our web-site on www.wroxhamrotary.org.uk for more information and details of our exciting programme for 2017, or our Facebook page on www.facebook.com/wroxhamburevalleyrotaryclub or contact our president, Rosemary Youngs on 01603 717272. There is no better way to give something back to the local community...and no better time than now.

WHB TWINNING ASSOCIATION

All systems go for our Twinning visit this summer, **9-15th August, to La Pommeraye and Montjean-sur-Loire**; deposits all paid and balance due in mid-June: another excellent deal from Belle's coaches. We should have a good number of participants with over 30 on the coach and another eight or so making their way independently and quite a few youngsters this year which is very encouraging. We have a lovely week in France to look forward to, meeting our French friends again, or for the first time, a night near and visit to the wonderful chateau of Versailles, very enjoyable local excursions in the beautiful Anjou/Loire area with its excellent food and wine and fostering friendship between our country and our nearest neighbours, very important in these times.

Our monthly activities continue apace with French Conversation at Maggie's in Belough on the second Wednesday in April and Book Club at Sue's in Coltishall to discuss "The Lake House" by Kate Morton. Jane can tell you more about French on 01603 782496 or jane@youatt.co.uk and Sue about Book Club on 01603 783555 or susan@kemp.org.uk

Social activities coming up are our annual flotilla, usually early July, where we congregate on one of the local broads for a get-together and picnic lunch: look out for a date soon. We also have a social evening, bring-a-plate buffet and pre-trip briefing on Friday 28th July at Robert and Margaret's house in Wroxham so a busy month. Weather permitting, we may organise a barbecue and social evening/lunch late May or early June.

Sheila and Jane attended the bi-annual NATC meeting, Norfolk Association of Twin Communities, on 10th April which keeps us in touch with other Twinning groups, sharing ideas and also organising group insurance for us. They are planning a joint event in Dereham next year to celebrate the ending of World War One, in which, hopefully, we will be able to participate.

If you would like any more information or to join our association please contact us, via our chairman, on 01603 782733 or peter_c_milsted@talk21.com

WROXHAM SOCIAL CLUB

Several of us have taken or refreshed our First Aid Certificates with Richard Baker. He really is an excellent trainer. Thank you Richard. Many updates have been implemented since last year. After taking the course, we feel it could be vital for us to have our own defibrillator as these are what save lives! A box will be available shortly for donations as we cannot afford to buy one at the moment.

Members have been working hard to prepare the green and the outside space for the coming season: More help needed please. If you can spare an hour or two on Saturday 6th May from 9-30am (Especially Bowlers as it's your green) we would be grateful. Many hands and all that:

Events:- 6th May Tidying up 9-30am... Bingo in the evening. **13th May Jumble Sale 11AM.** (Help and Jumble Needed Please). 20th May Bar Quiz n Takeaway. 27th May Whist. 3rd June Bingo. **10th June Quiz n Chips.** 17th June Games Night, Nibbles. 24th June Bingo. 1st July Crib, Sandwiches. 8th July Bar Quiz n Takeaway. 15th July Bingo. 22nd July Barbecue/Casino. 29th July Whist. August 5th Social and Competitions with our Friends from Tamworth. Buffet ... Sunday 22nd August Memorial Day.

Please Note: Quiz n Chips needs pre booking. (Phone Rosemary 419811) You don't need to be a member. £2.50 per person plus food.

Bingo starts 8pm. All other events 7-30pm. Quiz nights 7pm for 7-30 start. Friday night is Darts night 7.30pm & Snooker. (Snooker available most nights).

Jumble Sale 13th May – Please start collecting together all your unwanted items.

Phone me for more information. New Members over 16yrs. Membership is £26 for a year due in December, joining as a new member, later in the year, the fee is pro rata. Half price for 16-17 year olds. Temporary Membership £5 per week. Deductible from full membership.

We have two full size Snooker tables, Lawn Bowls, Table Tennis, Social Events etc. Club membership entitles you to all club events and facilities. Bowls, Leisure and Social. For more information please contact Rosemary Burdett (Chairman) 419811 or Jean Barnett (Bowls Secretary) 720810 Or any other member or committee member.

BARTON HOUSE RAILWAY

www.bartonhouserailway.org.uk

enquiries@bartonhouserailway.org.uk

01603 782008

Open 3rd. Sunday of the month from

April to October from 2.30pm to 5.30pm

(A regular boat service operates from Wroxham Bridge FOREVER RUNNING)

We can offer a wide range of facilities for your private function or party. Please ask for details or a leaflet

The Management Committee met on Wednesday 15th. March to discuss arrangements for the newly formed Junior Club event planned for Saturday 25th. March at Barton House. A pre-season dinner took place at 1pm on Saturday 18th. March in The Smokehouse Restaurant at Hoveton & Wroxham Station. 11 members of staff enjoyed the good food in this newly re-opened restaurant set out in a railway carriage style. Thanks to Robert Cooper for coordinating it helped by Sylvia Tilson. Preparation Day took place on Sunday 19th. March, when members attended to clean and tidy things up preparing everything for the Pre-Running & Training Day. The Joint Friends Committee met at Barton House on Thursday 23rd. March during which the date for the Annual Meeting was set for Sunday 7th. May and a draft agenda made. Any person is welcomed to attend the Annual Meeting which will include a visit to Wroxham Signalbox departing by launch from Riverside West at 11:30 and returning in time for the meeting at 2pm. Saturday 25th. March was the Junior Club event held in Dickerson's Diner from 11am to 1pm. The theme was wagons, centred around the already purchased wagon kit. Members of staff were on hand to help and supervise as necessary with tea or coffee etc. being provided. This was another very successful event with around 40 in total of adults and children really enjoying it and 5 new members were welcomed as a result. Mr. Kevin Hammond, Mrs. Bev Hammond, Quintus Epps, Harry Hammond and Luke Cossey, they would soon be training for BHR staff positions. It is intended to have further Junior Club days in June, August and October. Any interested members of staff with parent members were invited to form a separate Junior Club Committee in order to move the club forward. The BHR stand was again at the Norwich Model Railway Show on Saturday 8th. April at Hellesdon High School. Thanks to John Mason, Ted Yates & Lawrence Hassall. The Pre-Running & Training Day took place on Sunday 9th. April which highlighted any issues that needed to be addressed before the start of season runnings on Easter Sunday & Monday 16th. & 17th. April. It also gave some new members a chance to observe and help with operations. A proposed return visit by the group Railtrail for Thursday 20th. April had to be postponed.

OUR NEXT RUNNING IS ON SUNDAY 21st. MAY.

PLEASE NOTE: Things on the day may be subject to alteration at short notice from time to time for various reasons most of which can not be foreseen.

WROXHAM WI

The March meeting of Wroxham WI began, not with the usual rousing singing of Jerusalem, but with The Alberta Creed written by Canadian Countrywoman Pioneer, Mary Stewart, in 1904. This was in tribute to a recently deceased member of many years, Jean Young, to whom the Creed's words were very important. The meeting's speaker, Frank Lambert, kept members enthralled, whether or not they are gardeners, sharing his experience and expertise on how best to grow a vast variety of vegetables in a small garden or in pots on a patio. His enthusiasm made us want to rush out to buy a packet of seeds and have a go! He also shared useful and economical tips on how to get rid of and discourage garden nasties. Coming events include a visit to The Maddermarket Theatre, Norwich on 6th May to see Yeomen of the

Guard by the Wroxham based East Norfolk Operatic Society and a Broadland Group Quiz and Chips evening at Catfield. Wroxham WI's next meeting is on Wednesday 17th May when members will meet at 1.00 pm to enjoy a fish 'n' chips lunch before discussing the two resolutions being considered for presentation at the National Federation Annual Meeting. The WI is an entirely member led organisation and the resolutions process ensures that each WI member has a unique opportunity to turn a concern into a national campaign every year, backed by the whole WI. Jean Watson

HOVETON & DISTRICT WI

Members of Hoveton W.I. meet at the Village Hall on the first Wednesday of each month to enjoy each others' company, make new friends and enjoy a good speaker but a couple of times a year we are pleased to be reminded that we are part of a national (and international) women's campaigning organisation. At our next meeting on 3rd May we will have lunch together and then discuss two Resolutions which our national membership has selected.

The first Resolution is about the Campaign to End Loneliness. The proposal is to raise awareness of the causes and impacts of loneliness. The alternative Resolution is about Marine Conservation and calls upon Government and industry to research and develop solutions to microplastic contamination of the oceans. Hoveton members, like members of all other Women's Institutes, will vote to select their preferred Resolution. In June at the Annual Meeting of the National Federation of Women's Institutes the Resolution which has been selected nationally will be adopted and the W.I. will actively campaign and lobby for action to remedy the problem. W.I. campaigns are successful in drawing attention to, and sometimes remedying, problems because we are a voice to be heard with a national membership of over 220,000 women.

If you would like more information about the Resolutions or about our meetings generally please contact Sue 01603 783387. We would be delighted to see you at one of our meetings.

At our April meeting Alistair Murphy introduced us to the late 19th/early 20th century photographs of Sheringham's Olive Edis. They were wonderfully evocative of their era. As it happened, a couple of days before our meeting a television programme 'Fishermen to Kings: The Forgotten Photos of Olive Edis' was broadcast. Alistair was able to answer questions the programme had raised and those of us who hadn't seen the programme went home to watch it on bbc iplayer.

Our lunch group will meet on Monday 8th May and the Craft Group will meet on Tuesday 16th May.

SOLO CLUB.

This is a club for anyone who lives on their own and is 55yrs or over. We meet on the second Tuesday in the month at Hoveton Village Hall at 2.00pm - 4.00pm. Next meeting May 9th. We have the occasional speaker/demonstrator, arrange 2/3 outings during the year, and social/afternoon teas. If you would like more information please ring 782178 or 782730 or just come along to a meeting where you would be welcomed.

For ins

1ST WROXHAM GUIDES

Inspired by Disneys Finding Dory, 'Keep on Swimming' was the theme for our joint Wroxham Martham Guide residential weekend at Roughton Mill in March. When the Guides arrived Friday, they decorated place mats; used fabric paints to decorate plain t shirts and played a wide range of games finding different characters from the film. On Saturday the Guides caught the bus to Sheringham and had fun at Splash – not a lot of swimming but plenty of fun in the waves and on the waterslide. After a picnic lunch the Guides made mini aquariums, created colourful fish shaped trinket boxes, made sand arts jars and beaded fish. In the evening, the Guides enjoyed watching a film and playing a version of beetle drive. On Sunday, each Patrol was challenged to build the tallest gadget to support a gold fish bowl before their parents collected them late morning.

At our last meeting of the Spring term, we held a Quiz and Chips evening. This was done in Partnership with various themed rounds - questions on the history of Guiding; how well do you know your Guides and one round was on identifying badges from the different Guiding sections. Then the Guides made various Creme Egg critters before breaking up for the Easter Holidays

On Good Friday, sixteen Wroxham Guides did various shifts bag packing at Roys of Wroxham Mill Hall. Thank you to Roys for giving the Guides the opportunity to raise money to offset the cost of future camps and holidays and to the very generous customers who donated just over £748. An amazing amount and it was lovely to hear from various customers how polite and helpful the Guides were and they were pleased to see that Guiding is still operating locally. Quite a few of the customers shared their Guiding experiences – from being a Brownie to those who ran various units in years gone by.

At the Patrol Leaders meeting, we will be reviewing last term and trying to squeeze as many of our Guide ideas into the summer programme as we can. You'll need to read the next edition of our Guide Bridge to find out about some of the activities planned - including our camp in May.

Kate

Kate

Leader 1st Wroxham Guides

01603 722665

katherine135@btinternet.com

ASHMANHAUGH & BARTON WANDERERS CRICKET CLUB

From the boundary.....

The season started with a spring clean at Barton Turf, members and their families pulled together and everyone will agree that the ground is looking superb.

Outdoor training has commenced at Barton Turf with the seniors on Thursday evenings at 6pm and the juniors on Fridays at 6pm; everyone is welcome, new and old members and any age group.

A & B Wanderers CC are delighted to be signed up and ready to go with the ECB All Stars cricket which is aimed as a fun introduction to cricket for the 5-8 year old age group. We are happy to have Claire, Fiona and Harry running this, it's going to be heaps of fun and Friday evening sessions begin in May. For further info please see www.ecb.co.uk/play/all-stars

Our sponsors have grown this year and we welcome Broadacres Care Home as well as Tavern T Meats, Hoveton Hall, NFU Mutual, Barn Owl Developments and Hall Farm Cottages to name a few; who join the main club sponsor of Broads Tours. We are very grateful for their ongoing support.

As usual the bar will be open on Friday evenings and Saturday match days (weather permitting), try to have the bbq on the go whenever possible and all villagers and visitors are made very welcome, we love to have your support on the boundary.

We will be holding a variety of social events through the summer and hope they are as successful as last year, please check the website or Facebook page for details and come and join the fun!

For any information on anything cricket club related and to see the fixtures please check the website or get in touch on either everettjayne@gmail.com, via the website, www.abwanderers.org.uk follow us on Facebook and Twitter.

FITNESS FOR ALL!

Everybody! Anybody! Your body! From puberty to pension...FREE TALK on 22 May!

Bones, muscles and ligaments – what happens to them as we age? How can we recognise the signs of wear-and-tear and minimise the effects?

Come and find out at an informal, interactive talk from Wroxham

Osteopath Maxine McFarland at the New Victory Hall, Neatishead on Monday 22 May at 19.30, to include questions from the floor. A FREE ENTRY

community event promoted by Neatishead Community Gym. Refreshments available.

BROADLAND CHESS CLUB

Hi Everyone,

Here is the latest news from Broadland Chess Club for you to use as you wish in your publications.

"Inside the mind of a chess player!

Have you ever wondered what goes on inside the mind of a chess player? Are you like me you and do not play and just see the pieces on the board, and perhaps you are able to move them around a bit? You may know that the Bishop moves diagonally and that the Queen is the strongest piece on the board as she can move in many directions. A chess player however sees things very differently, each piece has its own character, its own role to play as the battle between black and white begins! Tony Arnold, captain of the Broadland Harriers has provided this insight as to how a game may develop from a players point of view. (The match is Harriers v Lowestoft B)

"The game on board 2 was another in which pawn formations again proved decisive. Bob Grindrod was playing the closely matched Steve Sanders from Lowestoft for the second time in a month. The away player gained his revenge for his earlier defeat by gaining a pawn in a highly complex central pawn push in the opening, which enabled him to continue to advance his extra central pawn to eventually open up the white player's defence.

On board 3 Harriers Trevor Denniss and the visiting captain, Craig Robertson were also closely matched. Trevor established a slight early advantage, which tempted Craig into a risky attempt at a combination on move 17 which looked deadly but was refuted by a forced simplification and an exchange of queens which ended with Trevor winning a bishop for 2 pawns. This gave him a positional advantage in the end game with a rook, a bishop and 2 pawns against a rook and 4 pawns but, with much less time on his clock, he eventually agreed a draw."

Broadland Chess Club continues to be very strong this season, on Tues March 5th they travelled to Fakenham to play in the Norfolk and Suffolk Cup,

Broadland struggled initially but eventually managed to pull off a win against a strong team. This means that they will now face Ipswich in the final sometime in May!

We welcome all visitors to the club and usually meet on Monday and Wednesday nights 19.30 at the Kings Head, Coltishall. We can also be found on Facebook and Twitter. Please contact us for more information."

The photo shows Broadland v Fakenham teams at their match in the Norfolk and Suffolk cup, taken by Roy Hughes.

COUNCIL NEWS

NORTH NORFOLK DISTRICT COUNCIL

Message from County & District Councillor Nigel Dixon

Brook Park Hoveton - Progress Report

Many of you will know that although all the homes have long since been occupied Persimmon has yet to finish some of the facilities and public open space to an acceptable standard for Adoption by the District and County Councils. In particular, the drainage and landscaping of the central open space. Officers at NNDC required soil core samples to be taken to a depth of at least 1metre; the results confirmed suspicions that the soil quality is poor and it's badly compacted so that it doesn't drain naturally; hence, grass and trees will not grow properly and water pools on the surface. Persimmon proposes to remove the top surface and deep cultivate the lower soil to improve structure and remove debris. It then proposes to resurface with good quality top soil and reseed the grass and replant the trees and shrubs. I am not sure whether NNDC will agree this as an acceptable solution and I doubt whether this work will be done this spring; if the work is done this autumn it will further delay the installation of the children's play area and the period that Persimmon has to maintain the site. The 2 infiltration ponds have similar drainage problems and require subsoil engineering work to make them drain efficiently. There are also other unfinished tasks around the site and while I am determined to ensure Persimmon completes the work to the required standard, I have little direct influence over a private company. I will keep you advised of progress.

Dog Fouling I continue to get complaints of dog excrement fouling footpaths and footways mostly on Tunstead and Stalham Rds and the footpath connecting both with Brook Park. It's

unpleasant, unhealthy and against the law to allow dogs to foul any public areas and it's the owner's responsibility to collect and dispose of the mess. Disposal means either taking it home or putting it bagged in a doggy bin; those who cast the bagged deposit into the hedge or on the ground create an even greater and unsightly problem which is also against the law. The worst examples are where owners leave the mess on the pavement or footpath without any attempt to move it out of the way. NNDC will prosecute offending owners.

Hedges and Footpaths The growing season is upon us and keeping footpaths clear is a challenge for both local authorities and private property owners with hedges and trees bordering pavements and footpaths. This may seem minor, but for those with push chairs, wheel chairs and mobility scooters it's not easy to dodge around the obstructions and they can easily tip over the kerb edge. I ask all property owners with roadside hedges and trees, please check they don't overhang and obstruct footpaths and keep them regularly trimmed.

I welcome your views on these or any other matters which concern you. My contact details are: Tel 783885 or e mail: nigel.dixon@norfolk.gov.uk or NigelNDD@aol.com

HOVETON PARISH COUNCIL

News From Hoveton Parish Council

Thank you to everyone who stopped by to say hello at Hoveton Parish Council's recent parish surgeries. Unfortunately these surgeries were on the whole rather poorly attended, but a few residents did take the time to raise concerns about the local area, or offer ideas and feedback, and plenty of information was available at the Council's table. It is thought the timing of these early evening surgeries made it difficult for some to attend, much as some local residents have reported being unable to attend the Council's monthly evening meetings. Therefore, the Council is considering holding its future parish surgeries earlier in the day, or perhaps on a Saturday.

Hoveton Parish Council would appreciate your feedback on how it can best meet and communicate with local residents. Would you attend a parish surgery if it was held during the day on a weekday, or on a Saturday? Would you be more likely to attend a surgery held somewhere fairly quiet, such as at Hoveton Village Hall, or would you prefer the convenience of a surgery held in a café, or elsewhere in the village centre? How can the Council make its surgeries more accessible for you? Please send your feedback to Lisa, the Parish Clerk (clerk@hoveton-pc.org.uk or 07572 349600).

Annual Parish Meeting – Monday 8th May, 6pm

Hoveton's Annual Parish Meeting will be held at 6pm on Monday 8th May, in the Jubilee Room at Hoveton Village Hall. The Annual Parish Meeting is a meeting of the parish electorate rather than the Parish Council (though the meeting is arranged by the Parish Council and chaired by the Parish Council Chairman). It is a relatively informal event for the

community, offering residents the opportunity to meet, receive reports from community groups, and to discuss local matters. All are welcome to attend.

Highway Maintenance

Hoveton Parish Council regularly keeps in touch with Norfolk County Council's highways team to report local highway maintenance issues and concerns. Recent concerns reported include an overgrown tree at the Station Road/Horning Road West junction; damage to the Tunstead Road trod, caused by lorries overrunning the path; damage to kerbs and verges on Stalham Road, opposite Summer Drive; potholes and damage to pavements from tree roots on Stalham Road; and trip hazards caused by raised ironwork (manhole covers) on the Tunstead Road trod. Please let the Council know if you are aware of any other highway maintenance items that need to be addressed, and the Council will ask for these to be included as part of Norfolk County Council's next highway inspection of Hoveton.

Keeping Hoveton Tidy

As some of you may know, Hoveton is lucky enough to have its very own litter picker! James Nash (pictured below) is a familiar figure around the village, having been Hoveton's litter picker since 2010. James is hard-working and conscientious, and he acts as the "eyes" of the Council when it comes to litter-related problems. Most recently, James discovered a large bright pink doll's house on Littlewood Lane, which he reported to Cllr Alex Howe. Cllr Howe contacted North Norfolk District Council and the doll's house was collected within 24 hours.

Hoveton Parish Council contracts James to litter pick for 34 hours a month in the winter and 44 hours a month in the summer. Since the Council became sole trustee of Hoveton Village Hall, James has added the Village Hall playing field to his round, while he also keeps a watchful eye on the south side of the Brook Park development. Keeping up with litter left on Granary Staithe and around the river area can also be challenging, but James tackles this with good humour and a keen eye!

Councillors think James does a wonderful job within the limited hours he is contracted to work, but he cannot be everywhere at once. Therefore, if anyone is aware of any particular litter 'hot spots', please contact Cllr Alex Howe on 01603 783096 so that she and James can review the problem and take action if needed.

Next Meeting – Monday 8th May, 6.30pm

On Monday 8th May, the Annual Parish Meeting will be followed by the Annual Parish Council Meeting, to be held in the Jubilee Room at Hoveton Village Hall. All are welcome to attend, especially any local residents who would like to learn more about the work of the Council or about becoming a parish councillor. New councillors are still urgently needed, so this is a great opportunity to get involved in your local community!

To find out more about the Parish Council, or to view the minutes of Council meetings, please visit www.hoveton-pc.org.uk or check the parish noticeboards for updates and information.

WROXHAM PARISH COUNCIL NEWS

There was a good turn out for the Annual Parish Meeting held at The Hub in March. Around 20 villagers as well as our Member of Parliament, The Rt Hon Keith Simpson and both our district councillors, Fran Whymark and Vincent Tapp and our police Beat Manager P.C. Sean Philips joined parish councillors and our new Parish Clerk Clare Male to hear Council Chairman Barry Fiske report on the past year of the council's activities and his look ahead to the next twelve months. Here's an extract from what Cllr Fiske had to say:

“It has been a year of change for the council. In June council membership was depleted with few members in place. Those members had served the Parish well and we owe them our heartfelt thanks. However, the emphasis had to be on change, not only in terms of direction but in also in terms of commitment.

Two members of the previous council remain. The rest of us are a wide and varied group of committed and experienced people who have honed our skills in industry, commerce and public service. We are dedicated to the service of this council and all put a considerable amount of time and energy into rolling out The New Vision for Wroxham Parish Council. In November the **New Vision Paper** was adopted by the council as the template for change and progress. It includes:

Communications and Public Relations this is headed up by Councillor Malcolm Allsop who is also our Vice-Chairman. We have seen many positive changes in this area recently. FaceBook and detailed editorials in The Bridge Magazine make us more visible. The effluent issue for Salhouse Road was resolved in part by our airing the issue on local radio and in the newspapers.

Administration and Governance is headed up by Councillor Kim Claxton. This is a very important portfolio and ensures that everything we do is open and transparent and ensures we act responsibly as a public body.

Finance is headed up by Councillor Ian Joynson who works closely with the Clerk and Responsible Finance Officer to ensure that the council funds are properly managed and all payments are made correctly. Ensuring the council remains within budget at all times is an important part of this role.

Planning is headed up by me, your Chairman, and I and my team endeavour to ensure that all planning applications are reviewed fairly and impartially.

Recreation, Amenities and Village Audit this is one our biggest portfolios and involves a lot of our councillors and a lot of their time. It is headed up by Councillor Peter Mantle and he

and the team are endeavouring to pursue Wroxham in Bloom with much preparatory work needing to be carried out this year in order to enjoy the fruits of everyone's labour next year and beyond.

It is also responsible for our cemetery, Caen Meadow, grass cutting and endeavouring to keep the village clean and tidy.

The audit is important to us to understand the village dynamics, how many villagers, what are their age profiles, what are their needs, what can we provide, what can we expect others such as the district council to provide and how do we make that all happen.

Capital Projects, again headed up by me, is designed to review major projects for the village which will involve planning, investment and execution. The use and distribution of the C.I.L. money we received from the building of Wherry Gardens drives this port-folio and we are still requesting suggestions from our parishioners as to how this money could be spent.

Parish Surgeries headed up by Councillor Kim Claxton is playing an important part in presenting our credentials to the village and learning about villagers needs. Held in the library once a month and welcomed by two different councillors each surgery it is proving to be a worthwhile initiative.

Other initiatives include; Liaison with Hoveton Parish Council headed up by Councillor Malcolm Allsop. Highways and Footpaths headed up by Councillor Tony Adams and Liaison with Wherry Gardens headed up by Councillor Patrick Hardingham.

Neighbourhood Plan the councils' lead representative is Councillor Malcolm Allsop. The Neighbourhood Plan (NP) is without doubt our most important project and one which involves the entire village in one way or another.

The finished item will be the template which all developers will have to acknowledge. We cannot halt progress but we can help to tailor developments to suit the needs of our village. This can only be achieved by developing an NP, getting it voted on and approved by our residents and placed into legislation by government.

The NP along with all of our initiatives requires your help. We have need of a wide range of skills and experience we would be very grateful for your support and help in any of our endeavours to improve our beautiful village and ensure its future development is tastefully acquired. “

Caen Meadow Anti-Social Behaviour

A recent sunny Sunday sadly produced a pile of litter discarded in this lovely spot. One parish councillor picked up a whole box full of empty cans, drink bottles, food wrappers, broken glass and cigarette packets just dumped where people had been sitting. Judging by the type of litter left the offenders appeared to be of school age. Worryingly, also discarded were six small gas containers which are suspected to have contained either butane or nitrous oxide (laughing gas). It is likely they had been taken to Caen Meadow so their contents be sniffed. We have had another report of similar containers being found in the gutter along Norwich Road near the florists. All of the above has been reported to the police through P.C. Sean Phillips our Beat Manager and as a result Caen Meadow will come under closer police scrutiny. Another

resident reported having been intimidated into leaving the Meadow by a group of 10 young men. Anti social behaviour on council managed property will not be tolerated by your council. The police urge anyone to call them on 101 if we see anything suspicious going on either at Caen Meadow or anywhere else in the village. Don't leave it to someone else - please report your concerns.

Neighbourhood Plan

A number of volunteers have come forward to offer their services on the Steering Group which will produce the Neighbourhood Plan for the Parish Council. It will be 18 months of hard work for those involved and the council is most grateful for those who have volunteered. During that time the views of everyone living the village will be sought as to what kind of Wroxham we want to see over the next 20 years.

Keep Up To Date

Don't forget you can keep up to date with village news on our Facebook page: www.facebook.com/ourwroxham.

You can contact our parish clerk Clare Male by phone on 07803 705434 or by email: wroxhamparishcouncil@gmail.com. The council's website is www.wroxham-pc.org

ARTICLES & PRESS RELEASES

Volunteering can make a real difference

“Not just existing but actually living a life” is how Richard Snow explains how volunteering as a befriender has made an impact on the clients he has visited. He initially decided to volunteer to give some purpose to his life following retirement and found it a great way to meet new people and have new experiences. He has found the experience to be very fulfilling after being matched with clients with similar interests to his own and is encouraging people to give to come forward to volunteer.

Richard volunteers for the **North Norfolk Health Volunteers** scheme, a befriending service run in partnership with North Norfolk Clinical Commissioning Group (CCG), which links volunteers with people who are experiencing long term health conditions which leave them socially isolated and less able to participate in their local community. The most popular activity is a simple coffee and chat, but, depending on what volunteers wish to offer, it could involve a short walk, a game or craft activity or even a short trip out in the car.

‘Volunteers can make an immense difference in a very short space of time’, according to service coordinator Natalie, ‘a weekly visit of maybe just an hour or two can leave people feeling that there is ‘someone out there’ who cares about them, and can dramatically reduce their sense of loneliness, even during the time they spend by themselves.’ The service is

currently looking for more people to come forward to volunteer and make a difference to people's lives.

For further details please contact **Natalie Hickman** or **Simone Reade** at **Voluntary Norfolk** on **01263 519454** or northnorfolkvc@voluntarynorfolk.org.uk.

WATCHING MY WEIGHT SINCE I WAS EIGHT

My Journey

My journey started many years ago, it's been a long one !

I came from a loving family & a mum that loved to cook , and as a young child I was encouraged to eat everything put in front of me, so I did, and consequently was the fattest child in primary school & by the age of eleven, weighed 11 stone. I had no confidence, unhappy, hated PE , couldn't do sports , changing in front of other class members , I wanted the ground to swallow me up , I hated the way I looked!

Over the next 40 years, I tried literally every diet that was ever written, from the egg diet to meal replacements, pills, you name it I have tried it, and yes I lost weight , but every time I put it all back on and then some ! All totally impossible to sustain, impractical and not real life!

I was driving myself mad again , I couldn't fit into any of my clothes, my poor husband listened to me moaning that nothing in my wardrobe fitted, should I go up yet another size or stop moaning & do something about my increasing size. chatting to my neighbor, she suggested going to her Slimming World group with her .

The very first time I walked into into group , I was so nervous meeting so many new people, but I shouldn't have worried, I was welcomed by so many friendly people, all chatting about their own

struggles and I quickly realised they were all the same as me, I was petrified to stand on the dreaded scales, I couldn't believe how much I weighed, but my consultant Deena , reassured me , "don't worry" she said you never have to see that number again" , she made me instantly relax with her caring attitude, she was bubbly and kind.

On my first week I lost 3.5 lbs , I'm not sure when it happened, but over the next few weeks I fell in love with Slimming World. I found it so easy, I loved Food Optimising, I'm a vegetarian (who eats a little fish), where before I would skip meals & then make bad choices, now I plan my food , eat 3 good

healthy meals a day. There are endless choices , I never feel hungry or feel restricted , I cook meals for my husband & I, love looking at all the great inspiring recipes. I found the enjoyment of cooking

again, creating healthy meals following either the on line programme or the fantastic selection of slimming world cookery books. I make double portions & freeze them for busy days looking ahead for when I had no time to cook , making grab & go food, and keeping a good supply of free foods, to have in the fridge. One of my favourites is mini quiches , I've even converted my husband who is a chip addict , to slimming World Chips & there sin free!!

With my new found confidence & as my weight continued to drop off, I discovered I love exercises, joined a local Zumba class & even managed a Zumbathon for charity, I love getting out & walking my dogs & we are encouraged to keep up our body magic, walking with my neighbour, it's all helped speed up my weight loss, making me feel fitter than I have in years. Before I joined Slimming World I'd been on some medication and my cholesterol level was worryingly high over 6, but having lost weight & following such a healthy plan, at my last health check a few weeks ago my cholesterol had dropped to an amazing 3.4.

My sons said to me I've been preaching to them for years, you are what you eat, so they would make the right choices & not make the mistakes I did as a child, I can now say thanks to Slimming World, I am what I eat, my whole wardrobe of forgotten clothes now fit me with ease, any one that knows me will know that I love socialising, I like nothing better than a lovely night out with friends, and throughout my journey with Slimming World, I never stopped going out, never stopped drinking & celebrating, they couldn't believe I could still do it all & be on a "diet", you can I did, I just used my syns for my treats, the things I love & never had to give up.

You see for me Slimming World isn't a diet, it's practical healthy every day eating, with family & friends, it's every day life, and had I four of Slimming World all those years ago, instead of a life, as a unhealthy unhappy overweight child, that carried on for too many years, it would I'm sure be a completely different story, but then I wouldn't have been able to tell you about my journey, thank you for listening. Lynn

Spring Time – Sunshine and Showers

The Museum of the Broads is the place to visit whatever the weather!

Don't miss our special exhibition, 'Broadland in Pictures'. Discover how our unique landscape has been used in art, in advertising, on postcards and on souvenirs. And you can take part too, by uploading your Broads photo to our Twitter page, @MuseumBroads, #BroadlandPictures.

Opening hours for May: 10am to 4pm, Sun to Thurs, and 10am to 1pm Sat.

And on Sunday 07 May, it's our popular annual Boat and Fishing Jumble at the Museum. £1 entry, £10 per stall, from 0900 to 1200.

We are family and dog friendly with a picnic area by the river. Steam boat trips, Tuesday, Wednesday and Thursday. Bringing the story of the Broads alive.

www.museumofthebroads.org.uk

Museum of the Broads, Stalham Staithe, NR12 9DA, 01692 581681

HOVETON VILLAGE HALL

FANTASTIC BUSINESS OPPORTUNITY IN HOVETON!!

ARE YOU A SMALL BUSINESS LOOKING FOR PREMISES ? OR WOULD YOU LIKE TO 'HOT DESK' FACILITIES?

AS A BUSINESS, DO YOU NEED MORE SPACE TO EXPAND WITH AMPLE PARKING FOR STAFF AND CUSTOMERS?

FOR MORE INFORMATION RING JILLY 07818214277

Hi Folks!

What a busy, productive month we've had!

We had our 1st 'Best of Norfolk foodie market. Brilliant turnout with high quality products being sold by the stall holders who came from near and wide. French pastries, locally brewed beer and cider, freshly cut flowers - to name but a few.

OUR NEXT MARKET IS ON THE 2ND SATURDAY IN MAY, PLEASE COME ALONG AND GIVE IT YOUR SUPPORT.

We are hoping that within the next few months, local artists will be displaying their Art Work on our walls in the main hall. If you are an artist and would like to show your work - it's free - please get in touch. We have a drinks licence for the Hall, so if you're thinking of holding a party/event why not hire our place.

In the next few weeks, you will see that the children's play equipment will be renovated in readiness for the summer.

If you're thinking of doing some voluntary work within your Community - we would be pleased to hear from you. Even if it's only for a couple of hours a month, we'd be delighted to see you.

And last but not lest - we will be holding our AGM on Wednesday 10th May @

6.30pm. Everyone is welcome.

THE PRESTON ROOMS – THE VILLAGE HALL

Firstly I must report back on the Poetry Evening in early April. It was a lovely evening, with varied readings, many thought provoking, a few 'classics' and as always our very own Ashmanhaugh poets providing the comical! Do consider coming along next year, it really is a nice way to spend a Friday evening.

The next event in the diary is one of the most popular. It is **Pam's Quiz Night** on May 20th. It will follow the usual set up of Teams of 4. Places must be booked for this event as the quiz is always followed by a wonderful buffet. If you would like to enter, please ring Pam on 782041 to book your places. Cost will be £5.00 per person.

As we are heading into the summer months the Fete Committee is getting their heads together to plan the Village Fete (July 15th). If you could help in any way please let Steve Newstead, Anne Mulhall or myself know. We would be very grateful.

Lastly, please could we have any outstanding Membership forms handed in.

Thank you

Sue Watts

Secretary

Jazz at Buxton

Stunning Flowers: If we were to mention celebrating the 1930's then I am sure we would see a sea of Jazz Hands across the county. Well folks get ready, as the 1930's is indeed the theme for this year's Buxton Flower Festival at the Church on Saturday 27th, Sunday 28th and Monday 29th May at St. Andrew's Church, Buxton.

Stunning Flower Displays

Photography Expo

This year's Festival promises no fewer than 26 spectacular displays – all 1930's themed and to include - I am most delighted to say - for the first time a flower display created by Buxton School. Each year group will create in individual part of the school's display and it will be brought together in the Church the very day before the Festival opens.

1930's Café: When you come to visit the Festival over the 3 days, you will be able to enjoy the fantastic atmosphere of the '30s-themed café with a menu which includes fruit juices, hot teas and coffees, homemade country-style rolls with a choice of savoury fillings and a selection of home-baked cakes and fancies. Come and see the Nippies fly!

Jazz at Buxton: On the Saturday night there will be a wonderful helping of live Jazz in the Church starting at 7pm – well what else at a Thirties-Themes Festival?. A Trad-Jazz-4 will be visiting and bringing with them a fantastic reputation for foot-tapping entertainment.

Tickets will be available on strictly a first-come, first-served basis and at £10 including cheese & wine; those Jazz tickets aren't going to be around for long. To apply for tickets email info@buxtonflowerfestival.co.uk.

Photography at Buxton: Also during the festival, the Buxton Photography Club will be putting-on a display of their stunning photographs depicting a wide variety of studies and genres. This will be in the Village Hall so don't miss it whilst you visit the festival.

Click-on www.buxtonflowerfestival.co.uk

You Can Run for Charity too...

Are you looking for a challenge? Why not take part in Coltishall Jaguars second 10K race of the season on Sunday 4th June at 10am.

Once again the running club will be supporting the charity East Anglian Air Ambulance with takings from their annual Mike Groves race. Last year Coltishall Jaguars were able to donate £500 to this local life-saving charity - and with your help, want to exceed that total this year.

The race takes place at the club's HQ at Scottow Enterprise Park in Badersfield – the site of the former RAF Coltishall base and the route will follow the perimeter track of the airfield.

Making it a family affair, there's a free 2k fun-run for children before the main race, and plenty of home-made refreshments available at the club-house.

For more details and an entry form please visit www.coltishalljaguars.co.uk



THE JUBILEE PLAYERS

The Tithe Barn Horstead

THE JUBILEE PLAYERS NEED YOU!

Birthdays and anniversaries often mean different things to each of us. When you're young, birthdays are a real landmark and who can't remember the importance of those additional fractions when, asked how old you are, you're not just 6, but 6¾? Fast forward 60 years and 'it's only a number' or we don't bother at all.

So, what's this all got to do with **The Jubilee Players**? Well, this year we have a significant anniversary. The 'jubilee' in our name gives a clue – we were formed in the same year that the Queen marked her Silver Jubilee, 1977, making us 40 years' old this year.

It's not unreasonable to assume that we've entertained upwards of 7,000 men, women and children in that time – whoever would have thought that many could fit into the Tithe Barn at Horstead? Our membership over the last forty years has ebbed and flowed as people have come and gone, but there's always a core number to keep the group ticking over.

Regular audience members know though, that for the first time in our history, we were unable to put on a pantomime this year because our numbers weren't as plentiful as we like,

or need, for such a major production. Nevertheless, we presented '**Murder in Play**', a comedy drama, which played to sell-out audiences at every performance.

Our next play is in **October**, and is a farce called '**Haywire**' by Eric Chappell. It's got a varied cast and we'd really love to open our auditions to some new faces – could that be you? We will have a read through of the play on **Wednesday 5th July at 7.30pm**, and auditions will be held at the Tithe Barn on **Wednesday 19th July at 7.30pm**. Equally, we'd like to recruit new backstage crew members to work with our experienced members. Have you got what it takes to help backstage, or to shine the lights? Previous experience is not essential, just plenty of enthusiasm and willingness to muck in.

If you've been thinking that you might like to have a go at amateur dramatics, either on stage or behind it, then come and join us on a **Wednesday evening from 7.30 – we'll be at the Tithe Barn for play readings on 10th and 24th May**. For further dates and more information, call Ros Chamberlin on 01603 736287. Go on, try it; you never know – you could well be celebrating with us for our golden anniversary!

Vaccinations are a hot topic at the moment and I often get asked questions such as 'why should I vaccinate my pet?', 'isn't it dangerous to vaccinate?' And 'do we over-vaccinate?' In my opinion - and experience - vaccinations are essential to the health and wellbeing of our pets. Side effects of vaccines do occur but are very rare and usually are very mild and transient, whereas I have seen many cases of most of the diseases we vaccinate against in the UK, with pets (and owners) going through great suffering before often fatal consequences despite the best that modern medicine can do, so in simple my answer is always 'I routinely vaccinate my own pets.' Some ask why vaccinate against diseases we rarely see, simply we rarely see them because enough of the UK pet population is vaccinated, but when the number of vaccinated pets drops we will see the disease, as is evidenced by recent parvovirus outbreaks in Norfolk as the percentage of dogs vaccinated has dropped in recent years. As for over vaccination, at Bridge we do not vaccinate for every disease every year, we alternate according to your pets history and the current risk levels.

We can also offer a vaccine antibody blood test as an alternative to vaccines to see if your pet is protected against certain illnesses, for both cats and dogs.

The other thing to remember is it is never 'just a vaccine', more importantly it is an annual health check from nose to tail! We consider it important to vaccinate our dogs against Distemper, Canine Infectious Hepatitis, Parvovirus and Leptospirosis (Weils disease), to protect them (and us) from potentially life threatening diseases.

As the weather is warming up and we all go out and about more with our dogs, so the risk of kennel cough rises. This very infectious cough is most commonly caused by a bacteria - Bordetella - and a mixture of viruses including Parainfluenza.

Affected dogs typically show signs of a very harsh, hacking cough which usually develops over 24 hours and can often last for weeks. Other symptoms may include loss of appetite and breathlessness.

Only intra-nasal Kennel Cough vaccine drops will give your dog protection against both Bordetella and Parainfluenza. We strongly recommend that all dogs are vaccinated as kennel cough isn't just found in kennels.

Puppies can start their vaccinations from 6 weeks of age.

Our feline friends are also at risk and we recommend vaccinating kittens from 9 weeks of age against two cat flu viruses (Feline Calicivirus and Viral Rhinotracheitis), feline enteritis (Panleukopaenia) and if they mix with other cats, or just go outside, the Feline Leukaemia Virus (FeLV). Cat vaccines are not just for catteries, all cats are at risk.

Let's not forget rabbits. Rabbits need vaccines too. We have all seen myxomatosis in wild rabbits, this horrible virus is easily passed to pet rabbits by fleas and other biting insects such as mosquitoes and is invariably fatal. Another disease seen in rabbits is RHD (Rabbit Haemorrhagic Disease - also called Viral Haemorrhagic Disease), which causes sudden death as its main symptom. However the good news is that we can vaccinate rabbits against Myxomatosis and RHD type 1 with a single injection. Last year a new variant of RHD, imaginatively called RHD2 was discovered in the UK, which is not protected from by the original vaccine, so at Bridge we have sourced a vaccine from Europe which gives one years protection from this horrible disease. The two vaccines must be given a minimum of two weeks apart.

Ferrets can catch canine distemper too, especially if working, so vaccinations are recommended for these pets too.

We do also have access to other vaccines for diseases such as Lymes disease and Leishmania. These are not considered as essential in the UK, but if you have concerns or questions about these or any other vaccines, give us a call on **01603 783920**

WESTOVER VETERINARY CENTRE

We get to see some very interesting cases in a vets practice and our case this month is one such dog. Hawk is a 7 year old male Deerhound, who had started showing signs of difficulty urinating. A urine sample identified that he was forming a type of crystal known as Cystine in his urine and x-rays showed these crystals had aggregated to form some large stones or uroliths. Unfortunately for Hawk, a number of the stones had left the bladder and become lodged in his urethra causing a great deal of discomfort when urinating.

By the time this happens the only solution is surgery to remove the stones due the risk of his bladder becoming blocked completely. Hawk was placed on an intravenous drip and a catheter was placed into his urethra to enable us to use saline to push the stones back up into his bladder where they could be retrieved. Fortunately this was possible as, in cases where the urethral stones cannot be moved, surgery has to be performed at the level of the urethra as well as the bladder, which increases the risk of complications.

We took further x-rays to ensure all the uroliths had been pushed into the bladder and then took Hawk to surgery. Once in theatre, Hawk had abdominal surgery to give us access to the bladder, which itself was opened to allow retrieval of the stones. It turned out to be less than straight forward as he had literally hundreds of uroliths of varying sizes that all need to be removed, a rather pain staking process! Repeat x-rays confirmed all the stones had been removed and Hawk was woken up and literally watched carefully to ensure he was not showing signs of blocking again.

The calculi were sent to a laboratory in America and confirmed as Cystine uroliths, a type of stone that Deerhounds are predisposed to developing. He has been successfully managed with a special diet and measures to increase his water intake and has had no problems since.

Toby Morrell MRCVS Westover Veterinary Centre

NOTICES

A date for your diaries from the Artists of the Two Rivers Trail.

By kind invitation of the Nancy Oldfield Trust, we will be holding our first Midsummer Art and Craft Fair on 1st and 2nd July at the Nancy Oldfield Centre, Irstead Road, Neatishead.

We do so look forward to welcoming you to our events. Your enjoyment of our work is much appreciated and grist to our creative mill. More details in next month's NIB.

WROXHAM CHURCH HALL is available for hire during the day. It has a modern kitchen, good facilities and good car parking.

For more information ring Janet Benson, Tel: 10603 783140

SHOULD OLD ACQUAINTANCE BE REMEMBERED

The date: New Year's Eve 1951. The event: a British Legion party celebrating the arrival of Old Father Time. We have the picture and can

caption many of the party-goers but it would be good to know the names of everyone enjoying the fun. And who was Old Father Time? Check it out on

<<http://mywroxham.norfolkparishes.gov.uk/>>

<http://mywroxham.norfolkparishes.gov.uk/> then click on PICTURE POSERS. You and your friends might be in the photograph.

THIS MONTH'S COVER

This month to mark the season of Advent, a combination of two beautiful paintings by two old Netherlands masters. The floral garland originally framed a picture of the Virgin and Child and is by Jan Philips van Thielen; the profile of St John the Baptist by Matthias Stom. The artists were contemporaries, working in the first half of the 17th century. Van Thielen was a favourite flower painter of the time and his garland is a composite of spring and summer flowers alluding to the eternal virtues of the Virgin and Child, and some welcome colour in November; the Baptist heralds the coming of Christ, his cousin. Little is known of Stom who went to Naples and followed the *chiascuro* style of Caravaggio. Netherlands religious paintings of the time are immediately recognisable by their use of subjects with contemporary clothing and a distinctly northern European 'look': Stom's young Baptist could easily be just in from looking after cattle on the polder!

Nick Walmsley

FORTHCOMING EVENTS

HORNING CINEMA AT THE VILLAGE HALL

Friday 12th May 2017 screening **DAD'S ARMY: THE MOVIE** starring Arthur Lowe, John Le Mesurier, Clive Dunn, John Laurie, James Beck, Arnold Ridley and Ian Lavender.

This is the original Dad's Army film from 1971. It tells the story of how the Walmington-On-Sea Home Guard unit came into being.

Doors open **7.00 p.m.** for **7.30 p.m. start**. Cert. U, running time 91 minutes.

Tickets: Adult £5 accompanied Child (16 and under) £1 on sale at Tidings Newsagents, Lower Street, Horning and on the door (if unsold). Telephone 01692-630434. Free Tea/Coffee. Ice Cream and nibbles available to purchase.

On **9th June 2017** screening **DEEPWATER HORIZON** starring Kate Hudson, Dylan O'Brien and Kurt Russell. One of the world's largest man-made disasters in the Gulf of Mexico.

UPTON FAMILY WALK

Norwich Centenary Rotary Club are the organisers of the annual charity walk which for the last 10 years or more has been known as The Acle Walk which was organised by Henry Dent and his friends at Great Yarmouth Rotary Club.

Sponsored walkers raise funds for their chosen charities. The charities receive 100% of sponsorship funds raised and our costs are covered by entry fees for each walker. Any "profits" are in turn divided towards charities that Rotary supports.

The walk this year is on Sunday May 21st starting and finishing at Upton Village Hall and follows a Norfolk Wildlife Trust 6 - mile route around the marshlands / dykes and the River Bure. Since the walk's inception over 15 years ago, over £180,000 has been raised for local charities and most years we have between 100 and 150 walkers taking part.

www.norwichcentenaryrotaryclub.co.uk

Tel:07493 071632

Entry & Sponsorship Forms available by emailing: uptonwalk@gmail.com.

THE WEEKEND BY MICHAEL PALIN

The Weekend is a superb comedy play - written by prolific writer/actor Michael Palin, renowned as a member of the legendary Monty Python team, and more recently in his BBC TV travel/history documentaries. Michael Palin has very kindly sent his 'Good Wishes' to The Sheringham Players

Written in 1994, the play was first staged at the Strand Theatre in London's West End. The role of Stephen Febble was played by Richard Wilson - known for his role as Victor Meldrew of "One Foot in the Grave" fame. Richard Wilson has also sent The Sheringham Players - his 'Good Wishes' for the play.

Wed. 14th June - 17th June @ 7.30pm - with a matinee on Saturday 17th June @ 2.30pm.

TICKETS: £12 - @ SHERINGHAM LITTLE THEATRE - from: BOX OFFICE - 01263 822347/or online: www.sheringhamlittletheatre.com